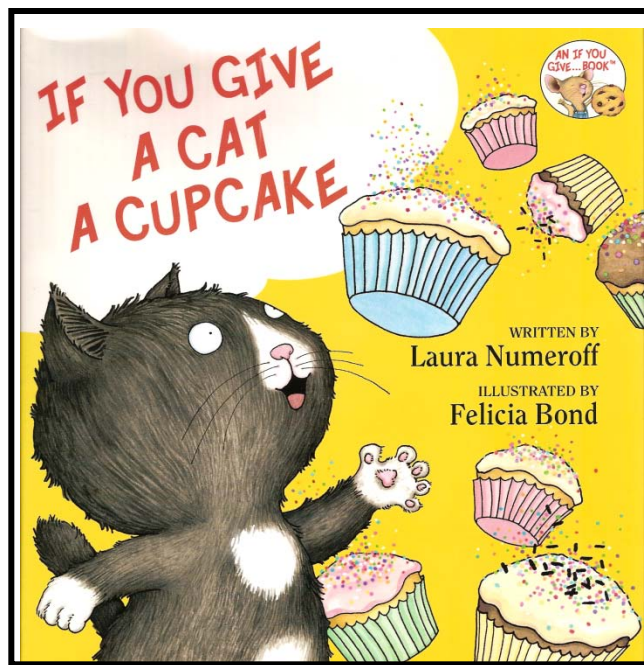


# If You Give a Cat a Cupcake

by

Laura Numeroff

## Little Chefs Program



**NWT Literacy Council**

# If You Give a Cat a Cupcake

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## What you will need for this session:

- A copy of *If You Give a Cat a Cupcake* by Laura Numeroff.

## Recipe Ingredients:

- Flour
- Sugar
- Baking powder
- Salt
- Shortening
- Milk
- Vanilla
- Eggs
- Butter
- Icing sugar



## Tools:

- Mixing bowls
- Measuring cups and spoons
- Muffin pans
- Oven
- Oven mitts
- Electric mixer

## Craft Supplies:

- Construction paper in a rainbow of colors
- Scissors
- Markers/crayons/coloured pencils

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## Session Plan

### 1) Begin your session with circle time.

- Sing your good morning song.
- Take requests for favourite songs to sing!
- Try to learn some new “cat” songs and rhymes.

Here are a few:



### Three Little Kittens

Three little kittens lost their mittens  
And they began to cry: Meow, meow, meow  
What? Lost your mittens, you naughty kittens  
Then you shall have no pie: Meow, meow, meow

Three little kittens found their mittens  
And they began to cry: Meow, meow, meow  
What? Found your mittens, you good little kittens  
Now you shall have some pie: Meow, meow, meow.



### Mary

Mary had a little lynx,  
Its fur was soft and fine,  
And everywhere that Mary went,  
That lynx was close behind.

It walked with her to school one day,  
The teacher was not pleased,



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The children thought it was such fun,  
The lynx was chased and teased.

Mary took her lynx and ran,  
She cried the whole way home,  
She took the lynx back to the bush,  
And that's where he now roams.

From Mother Raven Nursery Rhymes

### Pussycat

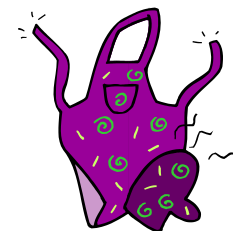


Pussycat, Pussycat, where have you been?  
I've been to London to visit the Queen.  
Pussycat, Pussycat what did you there?  
I frightened a little mouse under a chair.

2) Read *If you Give a Cat a Cupcake*

3) Get ready to make your morning snack.

- Ask the children if they have ever made parfaits. Explain that you are going to make rainbow parfaits!
- Everyone needs to wash their hands!
- Put on smocks or aprons.



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- Take out the cooking tools and ingredients. Place all tools and ingredients in the middle of the table so that you won't have to disrupt the cooking to get something.
- Explain that everyone will have a chance to make their own parfaits, and that we have to take turns!
- Place laminated the recipe on table and follow it.
- While one teacher cooks, the others may engage the children in clean up (including washing hands again if necessary).
- Enjoy your snack!

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## Snack Time Recipe – Cupcakes

### You will need:

- 2 ¼ cups flour
- 1 1/3 cups sugar
- 3 tsp baking powder
- ½ teaspoon salt
- ½ cup shortening
- 1 cup milk
- 1 tsp vanilla
- 2 large eggs

### For decorating:

- White icing (use purchased icing if you're short on time)
- Sprinkles
- Food coloring (if you want to color the icing)



1. Preheat the oven to 350 degrees.
2. Sit the children around the table. Put bowls with the ingredients in the middle.
3. Combine the flour, sugar, baking powder, and salt in a large mixing bowl. Give each child a turn to put things in the bowl. Go around the circle and allow them to take their turn when it comes. This will allow them to anticipate when it will be their turn.
4. Add the shortening, milk, and vanilla. Beat for 1 minute on medium speed.

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5. Add the eggs to the mixture. Beat it for 1 minute on medium speed. Beat it for 1 minute 30 seconds on high speed.
6. Spoon the batter into greased muffin tins.
7. Bake the cupcakes for 20 to 25 minutes or until a toothpick inserted in the center comes out clean.
8. Cool the cupcakes for 5 minutes in the tins. Remove them and place them on wire racks to cool completely.

### **For Decorating:**

Ice the cupcakes with white icing. Then allow the children to decorate them if you wish.

### **Easy Vanilla Icing Recipe**

- 3 tablespoons butter
- 1 1/2 cups icing sugar
- 1 1/2 tablespoons milk
- 1/2 teaspoon vanilla

- 1) Beat the butter, milk and vanilla together.
- 2) Gradually add the icing sugar until the icing is the right consistency to spread.

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## Craft Time – Hand Print Cat

### You will need:

- Construction paper in a rainbow of colors
- Scissors
- Markers/crayons/colored pencils

- 1) Trace each child's hand (with the fingers slightly spread apart and the thumb extended for a tail) onto a piece of construction paper.
- 2) Trace or draw a circle with small triangles at the top for ears.
- 3) Cut out the pieces.
- 4) Draw eyes, a nose, a mouth and whiskers on the face.
- 5) Glue the circle onto the hand, as shown in the picture.



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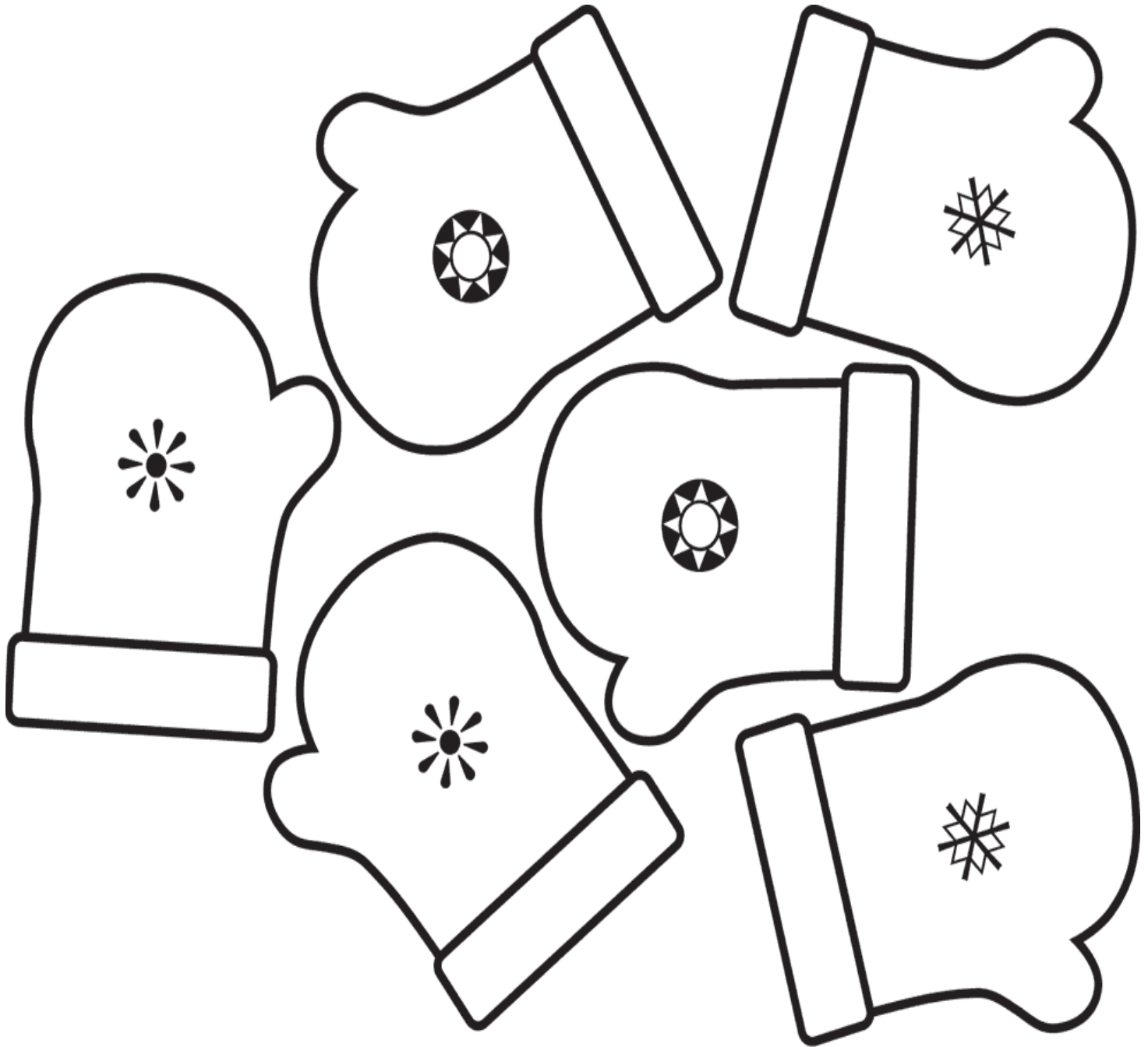
### **Group Activity – Mitten Matching**

Cut out the sets of mittens. Allow the children to decorate the mittens, making sure that you can see the pattern on each one.

During circle time, lay the mittens out in the circle, and allow the children to take turns choosing a mitten and then finding its match.

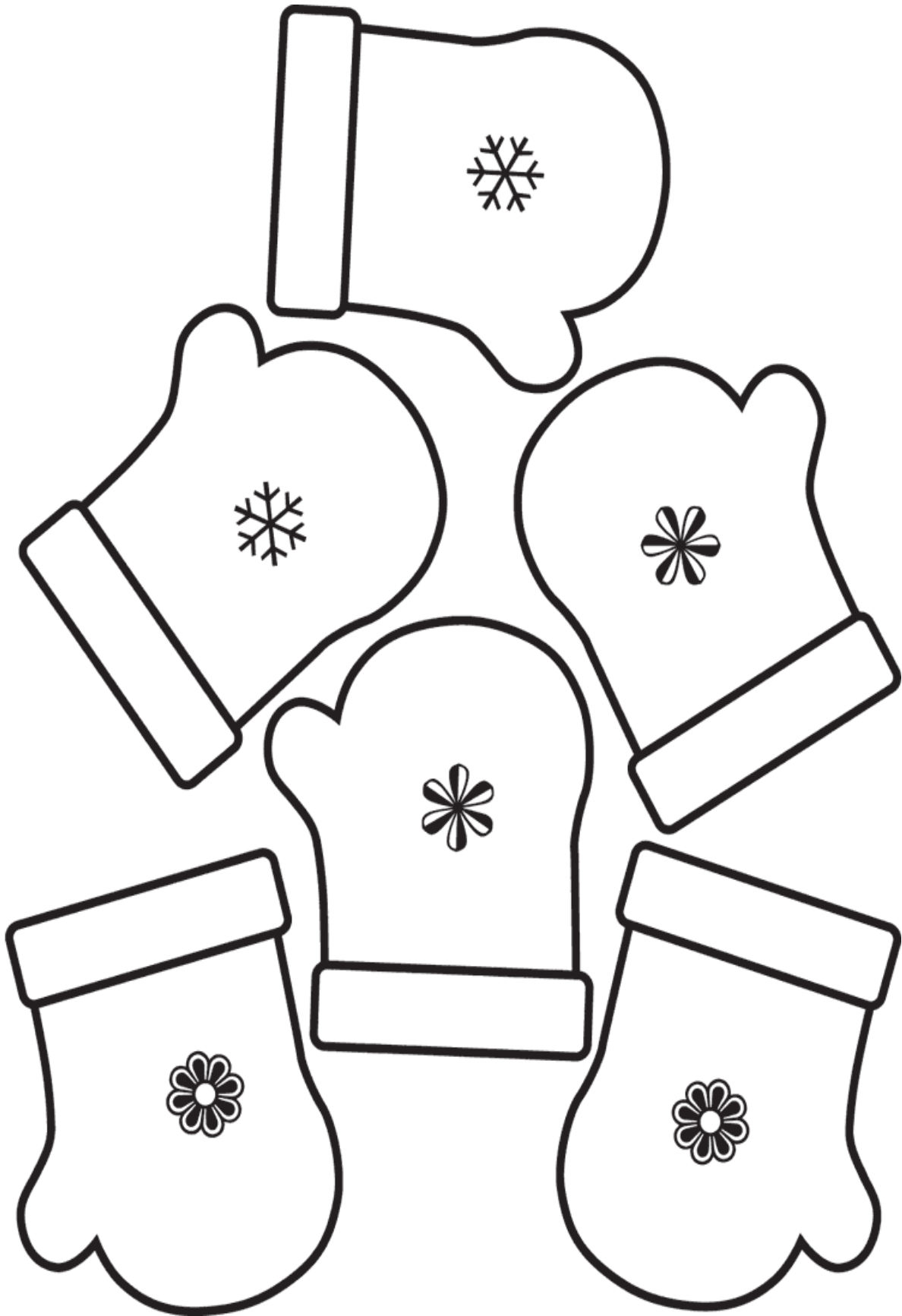
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