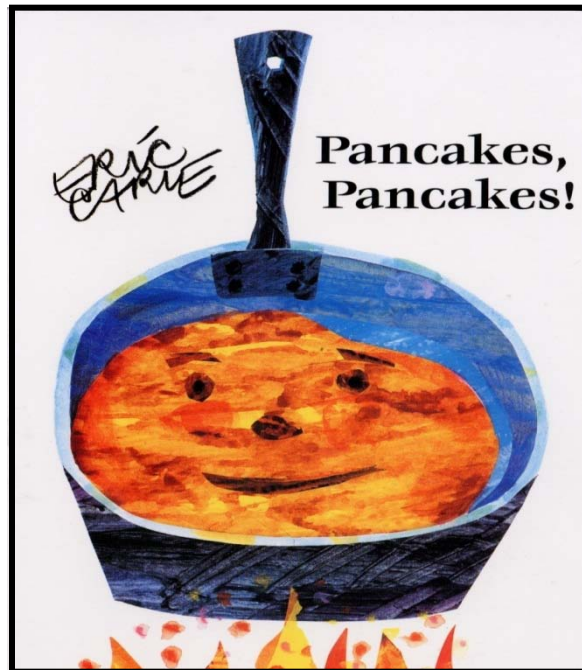


# Pancakes, Pancakes!

by

Eric Carle

## Little Chefs Program



NWT Literacy Council

# Pancakes, Pancakes!

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## What you will need for this session:

- A copy of *Pancakes, Pancakes!* By Eric Carle

## Recipe Ingredients

- 1 1/3 cups flour
- 3 tsp baking powder
- 1/2 tsp salt
- 1 egg
- 1 1/2 cups milk
- 3 tbsp oil
- 1/4 tsp vanilla
- Syrup or fruit sauce



## Tools

- One or two empty squirt bottles (empty mustard, ketchup or honey bottles work well)
- An electric griddle or frying pan or a regular frying pan and stove
- A pancake turner
- Wooden spoon
- Mixing bowl
- Measuring cups and spoons

## Pancakes, Pancakes!

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### **Craft supplies:**

- Tissue paper
- Construction paper
- White glue
- Collage items: pompoms, glitter, scraps of paper, stickers, etc.
- Popsicle sticks
- Pipe cleaners

## Session Plan

### 1) Begin your session with circle time

- Sing your good morning song.
- Take requests for favourite songs to sing!

### 2) Read *Pancakes, Pancakes!*

- Ask the children to anticipate what will happen next.

### 3) Cook your morning snack.

- Ask the children if they have ever made pancakes.
- Explain that you are going to make pancakes in shapes of letters of the alphabet.
- Everyone should wash his or her hands.
- Put on smocks or aprons.
- Take out the cooking tools and ingredients. Place all tools and ingredients in the middle of the table so that you won't have to disrupt the cooking to get something.
- Explain that everyone will have a chance to do something when making the pancakes, and that they will have to take turns.



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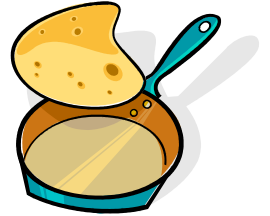
- Place the laminated recipe on the table and follow it.
- While one teacher cooks, the others may engage the children in clean up (including washing hands again if necessary).
- Enjoy your snack!

# Pancakes, Pancakes!

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## Pancakes

Make these pancakes extra special by pouring them into the shape of each child's initial.



### You will need:

- 1 1/3 cups flour
- 1/2 tsp salt
- 1 1/2 cups milk
- 1/4 tsp vanilla
- 3 tsp baking powder
- 1 egg
- 3 tbsp oil

### Method:

- 1) Mix the flour, salt and baking powder together.
- 2) Make a well in the middle of the dry ingredients. Add the oil, eggs and milk.
- 3) Stir the ingredients together, but do not over-mix. The batter should still be lumpy.
- 4) Heat a small amount of oil in a frying pan over medium heat. Pour some batter into the squirt bottle.

### Cranberry Sauce

1 cup cranberries

1/4 cup water

1/4 cup sugar

Bring the ingredients to a boil over medium-high heat. Boil for 10-15 minutes, until the sauce becomes thick. Let it cool and serve with either turkey or pancakes. Store in the fridge.



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5) 'Write' each child's initial in the frying with the squirt bottle.

6) When bubbles form around the edge of the pancake, flip it over. Cook it until the other side is golden brown.



7) Serve with syrup and butter or jam. If you pick your own cranberries, nothing makes a better pancake topping than homemade cranberry sauce.



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## Pancake Poems

### Five Crispy Pancakes

Five crispy pancakes in a frying pan,  
Flip them and toss them and catch them if you can.  
Along came (choose a child),  
For a pancake one day  
Sprinkled it with sugar and took it away.



Four crispy pancakes in a frying pan...

## Pancake Song

Mix a pancake,  
Beat a pancake,  
Put it in a pan.  
Cook a pancake,  
Toss a pancake,  
Catch it if you can.

from [www.bigeyedowl.co.uk](http://www.bigeyedowl.co.uk)



## Make a Pancake

Make a pancake, pat, pat, pat. (pat hands together)  
Do not make it fat, fat, fat. (stretch hands apart)  
You must make it flat, flat, flat. (pat hands together)  
Make a pancake just like that. (clap hands together)



## Craft Time: Pancake Finger Puppets



### You will need:

- Brown or yellow construction paper
- Scissors
- Glue
- Crayons or paint
- Piper cleaners

- 1) Cut out a circle out of brown or yellow construction paper.  
The circle should be about 10 or 12 cm across.
- 2) Decorate the pancake with paint, crayons, collage items.  
You could use pipe cleaners for arms.
- 3) Tape or glue a popsicle stick on the back to make a puppet.

### **Craft Time: Tissue Paper Collage**

Eric Carle is well known for his tissue paper collages that illustrate his children's books.

Examine the book and the way he has used different colored tissue paper to create pictures. If you have any other Eric Carle books, such as *Brown Bear, Brown Bear* or *The Very Hungry Caterpillar* you can also show the children the pictures in these books.

Give the children tissue paper, glue, and other collage items such as glitter, pompoms and small scraps of paper and allow them to create a picture.